

## AJSINO ORO

Albania

Meter: 4/4

Source: Video Tape "Dances Folkloriques Automne 1996" by Quebec City Folk Dance Group.

Order of dance: Short introduction then dance Figure 1 twice, then Figure 2. Figure 1 and 2 alternate after that.

### FIGURE 1

Face LOD, hands down, right foot free

<u>Measure</u>	<u>Count</u>	<u>Description</u>
1	1	Small lift on lt., touch floor with rt. foot extended and pointed LOD.
	2	Step on rt.
	3	Touch lt. in front in LOD
	4	Step on lt.
2	1	Touch rt. in front in LOD
	2	Step on rt.
	3	Touch lt. in front in LOD
	4	Touch lt. diagonally lt. of LOD
3	1	Lift on rt. in place
	2	Step on lt. moving backwards
	3	Touch rt. in front in LOD
	4	Touch rt. diagonally rt. of LOD
4	1	Lift on lt. in place
	2	Step on lt. moving backwards
	3	Touch lt. in front in LOD
	4	Touch lt. diagonally lt. of LOD

Measures 5-8: Repeat Measures 1-4 with opposite footwork.

AJSINO ORO (continued)

FIGURE 2

Facing center, hand in W position.

<u>Measure</u>	<u>Count</u>	<u>Description</u>
1	1	Lift on lt. foot in place
	2	Step sideways rt. with rt.
	3	Step lt. across in front of rt. sinking on to lt.
	4	Step back on rt. in place
2	1	Lift on rt. foot in place
	2	Step sideways to lt. with lt.
	3	Touch rt. in front
	4	Touch rt. diagonally rt.

Measures 3-4: Repeat Measures 1-2 with same footwork.

For Measures 5-8, release hands. Women place hands crossed one in front of another in front of face, palms facing outward with fingers splayed, for measures 5-8. Men form fists with both hands raising rt. arm and lowering lt. arm for measures 5 and 7; reversed for measures 6 and 8. Arms are curved with fingers (if they were uncurled) pointing towards body.

5	1	Releasing hands, lift on lt. foot in place. For this measure, the dancers move LOD while facing center.
	2	Step rt. with rt.
	3	Step lt. behind rt.
	4	Step rt. to rt. and turn CW one-half turn on rt. to face outward
6		Repeat Measure 5 with opposite footwork. For this measure, the dancers move LOD while facing outward. The turn on count 4 is CCW.

Measures 7-8: Repeat Measures 5 and 6.

Dance repeats from the beginning.

Presented by Bill Bucher and Julie Tabler at Steam and Stomp, Boulder Hot Springs, February 2018.