

PODRIMSKO ORO  
(Albania)

This is a Shiptar courtship dance with men displaying their strength and skill as dancers. Style is very fine, with soft bouncing steps. Title refers to the River Drim in Yugoslavia and Albania.

Pronunciation:

Formation: M in a line with shldr hold. W in a separate line, hands joined and up with handkerchief in R hand. W's line is outside M's line.

Record: Ciga & Ivon Vol. I, Side A, band 2. 2/4 meter

Meas

Pattern

FIGURE I.

Dance begins without introduction on record. Same step for M and W, but W dance in a feminine style.

- 1 Facing half R and moving LOD with light bouncing steps, step R (ct 1); bring L around to front (ct 2).
- 2 Step L in front (ct 1); hold with R lifted in back (ct 2).
- 3 Touch R in front (ct 1); lift R in front (ct 2).
- 4 Step R behind (ct 1); step L behind (ct 2).
- 5-16 Repeat action of meas 1-4 three more times.

FIGURE I. VARIATION FOR M.

- 1 Same as meas 1 above.
- 2 Step L and drop to R knee (ct 1); hold (ct 2).
- 3 Rise enough on L to be able to touch R knee to floor again (ct 1); stand up with wt on R (ct 2).
- 4 Step L behind (ct 1); hold (ct 2).
- 5-16 Repeat action of meas 1-4 (Variation for M) three more times.

FIGURE II.

Ftwk is same for M and W. M dance dynamically. W do solo using handkerchief. Holding handkerchief in both hands at waist height, push it fwd (ct 1); twirl it as it is brought back (ct 2); repeat for meas 2-3 (cts 1,2, 1,2). On meas 4 (cts 1,2) twirl handkerchief overhead in R hand, L hand on own hip.

- 1 Facing slightly L, step R across in front (ct 1); step L in place with small bounce (ct 2).
- 2-3 Repeat action of meas 1 (Fig.II) twice.
- 4 In place, step R,L,R (cts 1,&,2); ending facing slightly R.
- 5-8 Repeat action of meas 1-4 (Fig. II), using opp ftwk and moving in opp direction.

PODRIMSKO ORO (continued)

FIGURE III. Ftwk same for M and W.

- 1 Facing and moving LOD, step R lifting L fwd (ct 1); hop twice on R (cts 2,&).
- 2 Step L,R,L (cts 1,&,2).
- 3 Face ctr and move bkwd, R,L (cts 1,2).
- 4 In place, step R,L,R (cts 1,&,2).
- 5-8 Repeat action of meas 1-4 (Fig. III) using opp ftwk and moving in opp direction.
- 9-16 Repeat action of meas 1-8 (Fig.III).

FIGURE IV.

M Only:

- 1 Moving in LOD with broad steps, step R (ct 1); lift L high and fwd with tiny kick (ct 2).
- 2 Step L (ct 1); lift R high and fwd (ct 2).
- 3 Repeat action of meas 1 (Fig. IV).
- 4 With wt on R, circle L to back of R knee (cts 1-2).
- 5-8 Repeat action of meas 1-4 (Fig.IV) using opp ftwk and moving in opp direction.
- 9 Face ctr and sway to R (cts 1-2).
- 10 Face ctr and sway to L (cts 1-2).
- 11-18 Repeat action of meas 9-10 (four more times).
- 19 Transition: Close L to R, ending wt on L (ct 1); hold (ct 2).

W:

- 1-16 Repeat action of Figure II twice.
- 17-18 Repeat action of meas 1,2 (Fig. II).
- 19 Transition: Step R,L (cts 1,2) and rejoin hands.

The following sequence continues to end of music:

- 1-16 Figure I for M and W.
- 1-16 Figure III for M and W.
- 1-16 Figure IV for M; Figure II for W.

Presented by Ciga Despotović